

St. Anne Parish

Roman Catholic Archdiocese of Regina
1701 Cowan Crescent, Regina, SK S4S 4C4
Tel. 306-586-0449 | Fax. 306-586-0009 | www.stannesregina.com

Parish Priest:

Fr. Guy Amedee Ainemon

Parish office Coordinator:

Sharon Robert F.

office@stannesregina.com

Office Hours:

Tuesday - 9:00am - 4:00 pm
Wednesday - 9:00am - 4:00 pm
Friday - 9:00am - 4:00 pm
Saturday - 10am - 12pm

PARISH SERVICES

Reconciliation: 30 Min. Before every Mass

Anointing of the Sick: Please call the Parish office.

Baptism: Please call the Parish office.

Marriage: Contact the Pastor at least six months in advance.

Mass Intention

If you would like Holy Mass to be offered for your intentions or the intentions of your loved ones, please call the Parish Office or you can write it and drop it in the donation box in the church. Mass offering is \$10.

We acknowledge that we are in Treaty Four Territory, Traditional lands of the Nehiyawak (Cree), Anishinabe (Saulteaux), and Nakota people. Homeland to the Dakota, Lakota and Metis peoples.



4th SUNDAY IN ORDINARY TIME
January 30th, 2022

BEFORE I FORMED YOU
IN THE WOMB
I knew you,
BEFORE YOU WERE BORN
I set you apart
JEREMIAH 1:5

Mass Intentions for the week

Saturday – January 29th

5:30 Pm † **Marge Mengel**
requested by Ken Mengel

Sunday – January 30th

9:00 Am **Mass**

Tuesday – February 1st

7:00 Pm **In Thanksgiving for the life of
Marcella Chamberlain**
requested by Marco

Wednesday – February 2nd

8:30 Am **For special Intentions of Marcella
Chamberlain**
requested by Marco

Thursday – February 3rd

8:30 Am **For the needs of Fr. Mefodii and
all the priests at the Skete of St. Maximos in
Palmyra, Virginia**
requested by Larry & Louise Tessier

Friday – February 4th

8:30 Am † **George Schann**
requested by Norman and June O'Byrne

Joint Parish Pastoral & Finance Council Meeting

**In preparation for the AGM there will be a
joint Pastoral and Finance Council
meeting on February 10th at 7 Pm.**

**The meeting will be via zoom, all council
members are invited to attend.**

Thank you

**NB: All groups and parish committee leaders
are encouraged to submit their written
annual report to the parish office latest by
13th of February.**

Readings for this Sunday:

1st Reading: Jeremiah 1.4-5, 17-19

2nd Reading: 1 corinthians 12.31-
13.13

Gospel: Luke 4.21-30



Parish Weekly Financial Update: Donations collected for January 22nd & 23rd:

Collection summary for last weekend as follows:

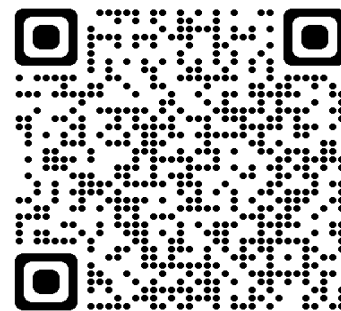
- Sunday Collections	\$ 577.00
- Building Funds	\$ 00.00
- Offering Envelopes	\$ 10.00

Total:	\$ 587.00
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Building Fund Goal 2021: -	\$50,000.00
Donations Collected: -	\$48,172.11

TRC Healing Response: -	\$ 5,625.00
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**To make a quick, direct donation to
St. Anne Church
Please scan the QR code below.**



**Thank you for your continued
support!!**

Buildings and Grounds Update

Regarding **buildings and grounds leadership**, we are still looking for a third person to help Bert Perrault and Kelly Nelson manage this service. If you are considering this or have any questions, please contact Kelly at 306-536-9932 or Bert at 306-535-2116 and we will fill you in.

On the **snow removal** front, we have had one person, Victor, come forward to volunteer to shovel snow off the sidewalks. We also want to thank the people who have dropped by from time to time to clear the snow; we really appreciate your help in doing that. If anyone is interested in adding their name to the snow clearing team for the rest of this winter, please call Kelly Nelson.

If you are a **handy type of person** and have some time available, we have some minor items that need attention. This could be a volunteer or a paid position and would amount to about 10-20 hours a month. You can contact Kelly or Bert for more information.

Lastly, we have a unique request for some interior smooth residential doors to make shelves, about 5' of counter and some wall mounted cabinets for a workspace. Contact Kelly for details.

Thank you!!

Free live poinsettias

Soon there will be several live poinsettias that would like a new home.

If you would like one, please contact the office: 306 586 0449 and leave your name for one of these plants.

Thank You

Synod 2021 – 2023

In line with the Synod, St. Annes Parish will host a consultation session on Sunday, February 13th after the 9:00 Am Mass. Parishioners are invited to stay behind and take part in this very important Consultation.



Together for Good is a video-on-demand marriage workshop hosted by Neil and Sharol Josephson, the directors of Family Life Canada. This set of five sessions gives couples tools, exercises, and guided conversations to grow a healthier, more joy-filled and more resilient marriage.

Kelly and Denise Nelson have participated in programs offered by Family Life Canada and are pleased to facilitate this workshop for our parishioners.

To provide optimal flexibility, couples will participate from the comfort of your own home. Each week couples will view the video presentation by the Josephson's and complete the workbook exercises. This will be followed up by a brief sharing/discussion held one evening per week in a Zoom meeting room.

Couples will receive access to the 5 workshop videos in advance of the weekly group discussion of the topic presented. The Zoom get-togethers will be held Wednesday from 7:30-8:30 pm: February 16, 23, March 2, 9, and 16. You will be sent a Zoom meeting link to participate in the discussion.

Note

- **It is optimal to use a computer screen for viewing.**
- **Individuals will receive a workshop booklet to help engage with the content, to refer to learnings for the group discussion, and to revisit and reflect upon following the workshop.**

Register by February 1

**To register or for more information you may reply or contact Denise & Kelly Nelson:
denisekellynelson@gmail.com
or phone/text 306-550-2884.**

This workshop will be limited to the first 6 couples registered.

FORGIVENESS

Meg Hunter-Kilmer - published on 07/01/19

Forgiveness isn't optional in the Christian life. We bind ourselves to forgive each time we pray the Our Father, the one prayer Jesus taught his people. "Forgive us our trespasses," we pray, "as we forgive those who trespass against us." Most of us, if we're being honest, find such a prospect terrifying. What fate might befall me if God in his mercy chose to forgive me only as fully as I have forgiven those I hate? Fortunately for us, forgiveness is not a feeling. Forgiveness is a choice. Forgiveness is a refusal to define another person by his sin, a prayer that God give us a merciful heart whenever we're inclined to rehearse yet again the list of another's faults.

Most of us know this, that forgiveness is a decision we may have to make over and over again for years. But it can be awfully discouraging to find that after decades of seeking to love like Jesus a certain name still elicits feelings of rage and shame and vengeance. Perhaps that too is a product of God's mercy. The Catechism explains it this way: "It is not in our power not to feel or to forget an offense; but the heart that offers itself to the Holy Spirit turns injury into compassion and purifies the memory in transforming the hurt into intercession. (CCC 2843)"

Those last few words, so easy to miss, can be life-changing if we take them to heart. Forgiveness, we're told, doesn't necessarily change our memory or our emotions. Forgiveness transforms *hurt* into *intercession*. The heart that is longing to forgive may frequently find itself reminded of a past injury. But rather than brood over the offense or become discouraged by the lingering anger, a Christian takes the pain and offers it as an intercession *for the offender*.



ANNUAL GENERAL MEETING



Our Parish Annual Meeting (AGM) will be on Sunday, February 27th after the 9 AM Mass.

This is an important moment for us all to come together as a Parish family to review the just ended year, project ourselves into the future and take stock of blessings received.

We want you to mark this day in your Calendar and we look forward seeing you.

STAY SAFE AT CHURCH
Please follow the parish Protocol:

Please wear your mask.

Sanitize your hands upon entering the Parish, and prior to receiving Holy Communion.

Practice physical distancing.

Receiving the Eucharist on the tongue is not allowed at the moment.

Sanitizing will begin after every Mass so please do not congregate in the Church.

Thank you!!

Mission Statement: We, the Catholic Parish of St. Anne, centred in Word and Eucharist, are called to be a caring faith community; coming together to celebrate God's love and truth through the sacraments, and make Christ present to others through loving service.