



St. Anne Parish



Roman Catholic Archdiocese of Regina
1701 Cowan Crescent, Regina, SK S4S 4C4
Tel. 306-586-0449 | Fax. 306-586-0009
www.stannesregina.com | office@stannesregina.com

Parish Priest:
FR. GUY AMÉDÉE AINEMON

Parish Office Coordinator:
Gabriela Büttner

OFFICE HOURS:

Tuesday 9 am-Noon & 1-3 pm
Wednesday 9 am-Noon & 1-3 pm
Thursday 9 am-Noon & 1-3 pm
Friday 9 am-Noon & 1-3 pm

PARISH SERVICES

Reconciliation: 30 min. before every Mass.

Anointing of the Sick: Please call the Parish office.

Baptism: Please call the Parish office.

Marriage: Contact the Pastor at least six months in advance.

Mass Intentions

If you would like the Holy Mass to be offered for your intentions or the intentions of your loved ones, please call the Parish Office, or write it up and drop it in the donation box in the Church. Mass offering is \$10.

MASSES' SCHEDULE

Saturday Mass – 5:30 pm
Sunday Mass – 9:00 am
Tuesday Mass – 7:00 pm
Wednesday Mass – 8:30 am
Thursday Mass – 7:00 pm
Friday Mass – 8:30 am



February 25th, 2024
2ND SUNDAY OF LENT



Mark 9.2-10

Mission Statement:

We, the Catholic Parish of St. Anne, centred in Word and Eucharist, are called to be a caring faith community; coming together to celebrate God's love and truth through the sacraments, and make Christ present to others through loving service.


MASS INTENTIONS
OF THE WEEK

Saturday – February 24th

5:30 pm **For the Salvation of Souls In Purgatory**

requested by Marcella Chamberlain

Sunday – February 25th

9:00 am † **Joseph Baumgartner**

requested by Caroline Baumgartner

Tuesday – February 27th

7:00 pm **Intentions of Our Lady & Release of Souls In Purgatory**

requested by Marcella Chamberlain

Wednesday – February 28th

8:30 am **Sanctity of Life From Conception to Natural Death**

requested by Louise & Larry Tessier

Thursday – February 29th

7:00 pm **Health & Healing for Helen & Meron Lanoway**

requested by Kelly & Denise Nelson

Friday – March 1st

8:30 am † **Gertrude & Darrell Lloyd**

requested by Dorothy Lloyd



Readings for Sunday, February 25th:

2nd Sunday of Lent

1st Reading: Genesis 22.1-2, 9-13, 15-18

2nd Reading: Romans 8.31b-35, 37

Gospel: Mark 9.2-10

Lectors:

Saturday, February 24 – 5:30 pm – Brian Sipe

Sunday, February 25 – 9:00 am – Rita Omodia



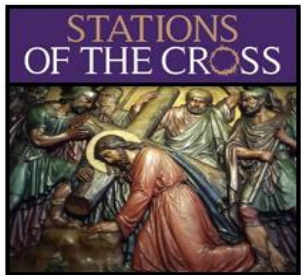
**PARISH
WEEKLY FINANCIAL
UPDATE**

Collection summary for **February 18th, 2024**

- Sunday Collection	\$1049.25
- Building Fund	\$0090.00
- Needs of the Canadian Church	\$0015.00

Total: \$1154.25

Archbishop's Appeal 2023 (UP TO DEC. 31 ST)	\$17,560.00
St. Anne's Goal	➔➔➔ \$19,161.00



STATIONS OF THE CROSS

**EVERY FRIDAY
FROM
FEBRUARY 16TH
TO MARCH 29TH
AT 6 PM**

PLEASE JOIN US FOR THE STATIONS OF THE CROSS ON FRIDAYS DURING LENT.

DATE	NAME OF PERSON OR GROUP & PHONE #
FEBRUARY 16 TH	Fr. Amédée
FEBRUARY 23 RD	Fr. Amédée
MARCH 1 ST	Nnenna / Louise & Children
MARCH 8 TH	Fr. Amédée, Louise & Dorothy
MARCH 15 TH	Fr. Amédée, Louise & Dorothy
MARCH 22 ND	KC Ugwu (Nigerian Group)
MARCH 29 TH GOOD FRIDAY	Fr. Amédée



**JOIN US IN THE HALL THIS SUNDAY,
FEBRUARY 25TH, AFTER THE 9 AM MASS
FOR COFFEE, DONUTS & CONVERSATION...
EVERYONE WELCOME!**

This Is the Simplest and Easiest Way to Pray Without Ceasing



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[Philip Kosloski](#) - published on 02/20/24

If you thought praying without ceasing was difficult, you should try praying this prayer and discover how easy it is to never stop praying.

St. Paul in his letter to the Thessalonians challenges Christians to “Rejoice always. **Pray without ceasing.** In all circumstances give thanks, for this is the will of God for you in Christ Jesus” (1 Thessalonians 5:16-18).

Over the centuries there have been a variety of reactions to this challenge, such as the [Liturgy of the Hours](#) and the [Jesus Prayer](#).

However, there is an even easier way to pray without ceasing that barely requires any memorization and does not need any prayer book.

Jesus

The [Catechism of the Catholic Church](#) explains the simplest way to pray without ceasing in its section on prayer:

The invocation of the holy name of Jesus is the simplest way of praying always. When the holy name is **repeated often by a humbly attentive heart**, the prayer is not lost by heaping up empty phrases, but holds fast to the word and “brings forth fruit with patience.” This prayer is possible “**at all times**” because it is not one occupation among others but the only occupation: **that of loving God, which animates and transfigures every action in Christ Jesus.**

CCC 2668

All you need to do is say the name “Jesus” with prayer and love.

No complicated formula prayers and no prayer books to worry about.

Try praying Jesus’ name throughout the rest of today and see what happens!

ON THE LAST THURSDAY OF EACH MONTH WE ARE ALL INVITED TO AN HOUR OF ADORATION WITH JESUS IN THE BLESSED SACRAMENT.

COME AND SPEND SOME TIME IN PRAYER WITH THE LORD AND YOU WILL BE BLESSED!



COME LET'S ADORE THE LORD!!

✦ **DATE:** THURSDAY, **FEBRUARY 29TH, 2024**

✦ **TIME:** 6:00PM TO 7:00PM

✦ **AT:** ST. ANNE PARISH

THURSDAY 7 PM MASS TO FOLLOW



Please **PICK UP** your **TAX RECEIPTS** in the Gathering Area
Thank YOU!!

Thank YOU so much for your support and donations to St. Anne Parish during the year 2023!!

May God richly bless you and reward you for your generosity.



*We invite you to participate
in our Lenten Program and*

Leave your burdens at the foot of the Cross
with hope and trust.

Our Lenten Program, **“Leave it at the Cross”** will begin on Ash Wednesday, February 14. Knowing that we all carry heavy burdens each day of our lives, we invite parishioners (and friends/family with whom you’d like to share this program), both young and old, to leave their burdens in the basket placed **at the foot of the Cross** in front of the altar.

Special cards/envelopes will be available at Mass to complete either in church or at home after discerning what burdens you are carrying and would like to give to the Lord. After completed, return your sealed envelope(s) and place in the basket at the foot of the Cross. There will be opportunity to fill out many cards throughout Lent.

All your precious requests (sealed envelopes) will be burned in the Paschal Fire prepared for **Mass on Holy Saturday (March 30th).**

*Come to me, all you who are weary and burdened,
and I will give you rest.*
Matthew 11:28

Save
the
Date



For the 10th Steak Night at
Bushwacker’s...
Tuesday, May 14, 2024
More information to come...

SAVE THE DATE

LENTEN
RETREAT
& RECONCILIATION



TO TAKE PLACE AT ST. ANNE ON
TUESDAY, MARCH 19TH, 2024
FROM 7 TO 9 PM

St. Anne’s



TO TAKE PLACE ON
SUNDAY, MARCH
17TH IMMEDIATELY
AFTER THE
9 AM MASS

We acknowledge that we are in Treaty Four Territory, Traditional lands of the Nehiyawak (Cree), Anishinaabe (Saulteaux), and Nakota people. Homeland to the Dakota, Lakota and Métis people.

HOLY
WEEK
SCHEDULE



- Holy Thursday Mass 7 pm
- Good Friday Service 3 pm
- Stations of the Cross 10 am
- Easter Vigil Mass 7 pm
- Easter Sunday Mass 9 am